



# Irvington Club News

www.irvingtonclub.com  
August 2010

## A Message from the President

Dear Fellow Members,

As you know, the board's focus this year has been to create a five-to-ten-year plan. We take this job very seriously because this plan not only will guide this board's decisions, but it will be a blueprint for future boards and will affect what lies ahead for the club and its future membership.

There was a pretty good buzz of comments to the architect firm, Scott Edwards, at the club barbeque. The ideas ranged from creating better circulation near the entry to adding better food and drink at the pool and year round at the club.

Keep those ideas coming. Dave Reynoldson, and the planning committee, are continuing to collect comments on the 5-year plan at [djlor@att.net](mailto:djlor@att.net).

Also the architects will be back at 6:30 p.m. on Thursday, Aug. 5. This will be an opportunity to find out what they've heard so far and help with this very important plan.

The board also is discussing other important items, including boosting the junior program, maximizing court use for members, hours of operation for both tennis and the pool as well as dues and non-member access to the club, and ensuring members concerns are addressed. Please feel free to send thoughts to me or any other board member regarding board issues.

The barbeque reminds me of what really makes this club special – the members. Toward the end of the night, several of us reflected on how much we enjoy the social aspect of the club. As we surrounded the keg, we talked about ways we could improve the atmosphere and bring everyone together more often – a constant keg seemed like a pretty good idea at the time.

Happy Clubbing,

Tony [mendozalrt@gmail.com](mailto:mendozalrt@gmail.com)

## Dates that Rate

### August

- 2—Group Tennis Lessons (3) Begin
- 2—Group Swim Lessons (4) Begin
- 6-8—Train Like the Pros Junior Tennis Camp
- 11—Tennis Committee Meeting, 5:30 pm
- 16—Group Swim Lessons (5) Begin
- 18—Board Meeting, 5:45 pm
- 19-22—Irvington Junior Challenger Tournament
- 30—September Junior Sign-ups, 8:30 am

### September

- 6—Labor Day. Last Day Pool Is Open
- 8—Tennis Committee Meeting, 5:30 pm
- 13—September Junior Session Begins
- 15—Board Meeting, 5:45 pm
- 24—Club Social Mixer, 6:30 pm

## Announcements From The General Manager

Things are hopping at the Irvington Club. We just held our annual BBQ and what a fun night it was. I hope you had a chance to attend this fun event. The tennis was superb, the food delicious and the pool provided lots of fun and games. Thanks to all the staff for helping make this such a great event. It truly is a "team" effort from all aspects of the club, down to our volunteer helpers....Thank You!

The next step in developing our Master Plan is a member workshop which will be held in the ballroom on Thursday, August 5<sup>th</sup> at 6:30pm. This will be an open workshop to provide all participants a chance to contribute. It will be lead by the Project Architect, Lisa McClellan and Principal, Sid Scott. This will be an opportunity for you to come and discuss ideas and visions for our Club.

Please plan on attending and help us get the word out to all members to attend this important open workshop.

Please read the message from our Pool Manager, Laura Tyrrell, as it gives you some good information. We want your comments and input and you can also come and talk to me anytime. My hours are 8:00am to 4:30 M-F. We also have a Member Issue Form that is available at the front desk and the pool snack bar. This is for both pool and club members so please feel free to use these forms if needed.

Summer is certainly flying by, so make sure you take advantage of these warm, hot days and come to the pool or come and play some tennis. We are seeing more juniors come and play during the day which is great, as we have courts available.

By the time you receive this the adidas Open will probably be over, so all I can say is I am so excited to come and watch some amazing tennis and I hope you will come and join us. Penne pasta dinner on Saturday night and the kegs will be flowing so come on down!

-Barbara

## Irvington Club News and Notes

### Tai Chi Comes to Irvington



Dr. Arn Strasser will be running a beginners Tai Chi class in the Irvington Club ballroom. This will be a 10-session class meeting on Tuesdays from 6:30-7:30 pm starting on Tuesday, September 14th. This is a perfect way to get introduced to the wonders of Tai Chi and is appropriate for

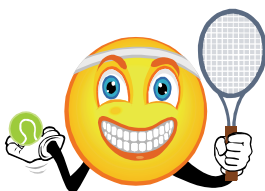
all fitness levels and adults of all ages.

Dr. Strasser is a chiropractor and an experienced Tai Chi instructor who has been teaching Tai Chi at Whole Foods for a number of years. He will be teaching the simplified 24 posture Yang short form which is fun to learn and easy to master.

So what is Tai Chi? It is a series of slow movements which merge in a dance-like flow. Tai Chi promotes health, relaxation, mental focus and an inner sense of well-being.

To register for the class, please contact Dr. Strasser at LaTina at 503-287-2800 or you can e-mail him at [drstrasser@earthlink.net](mailto:drstrasser@earthlink.net). The 10-week session is just \$85. Please keep in mind you need to register directly with Dr. Strasser and not at the front desk.

### Junior Challenger Coming Up



The annual GPTC/Irvington Junior Challenger Tournament is coming up in August 19-22. This tournament is a USTA sanctioned tournament and is open to all junior challenger players in the area.

Players may register using Tennis Link and tournament ID #600214210. We will offer boys and girls draws both singles and doubles. Walter and Cris really encourage everyone to play both singles and doubles. The singles fee is \$43.50 and the singles/doubles fee combined is \$46. All questions should be directed towards Walter or Cris.

### The Club That Cooked!

We all know The Irvington Club is the Club That Roared (and still roars!). But did you know we are also the Club that cooks? Many of our members have classic family recipes or dishes that they specialize in. Well, a few of our members thought it would be a great idea to have members submit their favorite recipes and create an Irvington Club recipe book. Please keep in mind these should be YOUR recipes, not Betty Crocker's or Paula Dean's. All recipes should be submitted to Adam via e-mail at [ahutchinson@irvingtonclub.com](mailto:ahutchinson@irvingtonclub.com). We have plenty of time as this book will not be created until at least 2011. We'll send out more reminders in the future.

### Let's Talk Leagues!

- ◆ Early start ratings are now available for the Senior and Adult Mixed leagues. A link to these ratings is available on our website on the USTA leagues page. Keep in mind the only names that are listed are ratings that changed. If your name is not listed, your rating did not change.
- ◆ Sign-ups are now available in the hallway for Senior and Adult Mixed leagues. All players interested in playing should sign-up. All questions regarding the leagues should be directed towards Walter.
- ◆ We will have two teams playing in Sunriver at the Mixed and Senior Mixed Doubles Sectional Championships. Blythe Knott's 6.0 Adult Mixed team received a Wild Card spot. Terry Gariety's 8.0 Senior Mixed team won the Northern Oregon Championship in July and will compete in the Senior Mixed Sectional Championships.



PACIFIC NORTHWEST

### League Team Headed to Nationals

Forrest Hall's 8.0 Super Senior team dominated the PNW Sectional Championships in June and will be headed to the Super Senior National Championships in April 2011. Two years ago, Forrest Hall's team competed for Nationals, but fell short in their bid to bring home a championship. This time around, the team has experience and will not settle for anything less than a Championship banner. The members on the team include Forrest Hall, Roger North, Gordy Osaka, John Linde, John Keyes, John Popplewell, Terry Chung, Phil Rothrock, Chris Thomas, Randy Boose, Steve Boeh, Gene Avery, and Brian Parrott.

### Tammen Cracks International Top 10

As of July 1, Mike Tammen was ranked #8 in the World in the ITF Men's 50 rankings. His last tournament, the National 50's Indoor Championships at the MAC Club in June, saw him reach the finals against Mike Fedderly. Tammen fell to Fedderly (ranked #3 Internationally and the highest ranked American) 6-4, 6-3. Great job Mike!



# Irvington Club Pool News

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I hope everyone is enjoying the beautiful weather. The Irvington Pool is the place to be on these hot summer days!

Activities begin early at the pool. Lap swimmers are enjoying the early morning solitude with lap swim beginning at 6:00 AM Tuesday and Thursday and 6:30 the remaining days.

At 7:45 the Advanced Swim team takes over the pool. The swim team practice continues throughout the morning with over 100 kids honing their skills. The swim team season is fast and furious running just 8 weeks and including 4 meets. The Season ends with The Championship meet held on August 14<sup>th</sup> at The Mt Hood Community College Aquatic Center.

In July the team held their annual team fundraiser. The team swam for 24 straight hours and swam 4745 lengths of the pool covering 72 miles. We raised close to \$400. After this years event we are very close to having enough money to purchase a team record board. Pledges and donations are still being accepted.

At the conclusion of the days swim practice, the pool is used exclusively for lessons. The progress the swimmers are making is amazing. Swimmers range from ages 3-12.

Group lessons are scheduled for 2 weeks and there are 6 levels. There are 2 lesson sessions remaining.

Behind the scenes at the pool: What goes unseen at the pool but is critical to its smooth operation are all the staffs' efforts. Laura Tyrrell, pool manager and head swim coach oversees the pools programming, scheduling and manages the pool staff. Laura is at the pool M-F from 6:30/7:00am -12:00/12:30. When she is not at the pool she can be reached by email at coachlaura@irvingtonclub.com. Laura welcomes comments and suggestions for improvements at the pool. Remember, this is your pool; all staff want to make your summer experience enjoyable. Leading the lifeguard staff are our Head Guards Mathew Richmond and Andrew Chung. One of the 2 Head Guards is always scheduled to work. If issues arise please speak with Mathew or Andrew as both have been employees for several years and they are extremely important to the day to day running of the pool. Laura Waksman is in the Head Guard role when Mat and Andrew cannot be at the pool.

Also unseen but vital is Brian our pool maintenance operator. Several days a week Brian arrives at 5:30 am to vacuum the pool. Brian is also responsible for the maintenance of the pool, chemical balance and temperature control. The pool is monitored every 2 hours to make sure all these factors are in proper balance. The lifeguard staff tests and helps maintain the pool throughout the day.

Lap swimmers take note: Swim team practice ends August 13th. Beginning August 16<sup>th</sup> AM lap swim hours will be extended until 9:00 AM. Reminder to early morning lap swimmers, please swim with a companion, the AM hours of lap swim are not guarded.

- Coach Laura

## Annual BBQ Recap

The annual BBQ was another great event! In the pool, we had Open Swim followed by pool games and relays! The outdoor court looked like a professional event! Christopher Toyne was the chair umpire dressed in his Wimbledon best. Brent Chin and Katy Krauel took on Dylan King and Belinda Niu, with Dylan and Belinda winning a close match. They were followed by Walter Seidel and Cris Valverde taking on Brian Joelson and Mike Tammen. Joelson and Tammen won this battle 6-4, 6-2. The BBQ fare was also great with lots of Club members helping out to pull it all off. Thanks to all of the volunteers who helped out!

## Pool Schedule Change


**On Friday evenings, Open Swim will now be extended to 8:45 pm. Please note this on your swim schedules.**

## Snack Bar Cards

The snack bar cards from this year expire at the end of the summer and do not carry over to next year. Please be sure to use up your snack bar cards by the end of the summer.

## New Towels

We have a new towel service and we hope you will notice the improvements. You can rent a towel for \$1.00 at the front desk. All towels need to be put into a hamper in the locker rooms or the wicker basket in the main lobby.




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